



Care Conversations with Students

by Michael Herbert

Remember that children, marriages and flower gardens reflect the type of care they get.

H. Jackson Brown, Jr.

Care conversations are not about adults listening to or talking to students. They are about adults and students listening to and talking to each other.

They are conversations that lead to:

- understanding
- appreciation
- shared expectations

Some of the *care conversation* questions below are quite complex and, in the first instance, may be difficult to formulate a response. That's the point of "care conversations". They are not easy to have. But having had a successful *care conversation*, both the adult and the student have grown in understanding, appreciation and shared expectations of each other. They are both better for that conversation.

In a *care conversation*, the adult and the student have discovered something new about *themselves, each other, and even a little more about life.*

Care conversations answer such questions as:

- What do I need to know about you?
- What do you need from me more than anything else?
- Who is the most important person in your life?
- Who are your heroes or role models?
- How would I know that you are being successful in what you set out to achieve?
- In what ways do you learn best?
- What do you want to learn about?
- What is the most creative thing you have ever done?
- What are the signs that you are growing into your best self?
- When was the last time you solved a difficult situation?
- Do you respond positively to expectations?
- What is your proudest moment?
- In what ways do people misunderstand you?
- What is most important to you in life?
- What is your philosophy on life?
- Which of your habits serve you well?
- What are you good at that nobody knows?
- What inspires you or motivates you?

By now, it has probably occurred to you that *care conversations* are not something that we should only be having with students. We will grow as human beings when we make the time and effort to hold *care conversations* with partners, family, friends and colleagues.

What Happens during a Heart Attack?

Every minute counts with a heart attack. More than 55,000 Australians suffer an attack every year. This will result in 10,000 deaths. One in four people who die from a heart attack die within the first hour of their first symptom. Symptoms vary and may not always be sudden or severe. They are not always stereotypical.

Would you recognise a heart attack in a family member or a colleague or even a student?

The website, *WebMD* has published a comprehensive slideshow called:

[A Visual Guide to a Heart Attack](#)

Click on this link to access the Slideshow



There is no joy without gratitude

For those things that make me super excited.....

Brain Gym for Educators

Professional Reading links to articles that may inspire you, enlighten you, educate you, challenge you, or even frustrate you.

This week's article is from

Pinnacle

Teacher - Student relationships crucial to results

Click [here](#) to read.

If link does not work on your device, Google the title.

Thanks to Aleksandra Sarama, Social Worker at Cardijn College in South Australia, for supplying this link.

HAPPY SILLY THOUGHTS calories

(noun)

Tiny creatures that live in your wardrobe and sew your clothes a little tighter every night.