

THIS WEEK'S
MINI PD

GREAT THINGS CAN HAPPEN!

The start of a new school year can be a bit like New Year's Eve with resolutions born out of great intentions for ourselves as well as our students. However, translating those good intentions into tangible outcomes can be challenging due to unexpected hurdles and competing priorities. If you work in a school, you are likely to be among the most resilient people on the planet. Some of these ideas might help you have a great year.

Grow, grow, grow!

Aim to to elevate your professional skills by year's end. Develop a system to track your progress. Connect with individuals who offer fresh perspectives and support. Foster relationships with those outside your usual circle. Strengthen your professional identity.

Choose to be better.

Pinpoint a single habit or mindset that's hindering your personal or professional life. Vow to eradicate it by year's end.

Don't let students push you around.

Be in charge of your students. There is a saying: "People will only treat you the way you let them treat you." Decide how you want to be treated and respectfully, but firmly, insist upon being treated that way. Teach your students to respect you. They will trust you when they know the boundaries.

Become a source of happiness.

We all have a part to play in the health and wellbeing of our workplace. Reflect upon your contribution to this aspect of the school community. Resolve to find your part and play it well.

A new school year means new beginnings, new adventures, new friendships, and new challenges. It's a clean slate and great things can happen, so give it your best shot!

Go out of your way to make new staff members feel welcome.

Schools are complex places. It takes a full year for a new member of staff to;

- experience a school in its fullness,
- understand routines and rituals,
- be confident of expectations and requirements,
- develop a sense of the 'unwritten' world of your school that grows from its history, tradition, culture and practices. This subtle aspect often poses the greatest challenge for new staff.

Know that bad days happen.

When you are having a bad day, take a step back and remind yourself of a basic premise of good mental health: *In life, it is not what happens to you but how you react to it that matters.*

Turn off at the end of the day.

Develop a ritual that allows you to "turn off" as you leave to go home each day. For example, make the conscious choice to mentally leave everything behind as you depart for the day. It works most days of the year!



Readings for Educators

THE FALSE PROMISE OF DEVICE-BASED EDUCATION

A reevaluation of screens in schools
[Continue Reading](#)

ARTIFICIAL INTELLIGENCE IN EDUCATION: CHALLENGES AND OPPORTUNITIES FOR SUSTAINABLE DEVELOPMENT

This UNESCO Report identifies that Artificial Intelligence is a booming technological domain capable of altering every aspect of our social interactions. In education, AI has begun producing new teaching and learning solutions that are now undergoing testing in different contexts.

[Continue Reading](#)

SCHOOL OF THE WEEK

[Red Bend Catholic College](#)

Forbes, NSW

Build your HEALTH IQ

Eight ways to stay happier this year, according to science
[Build your IQ here](#)



The MORE you REFLECT, the MORE you LEARN

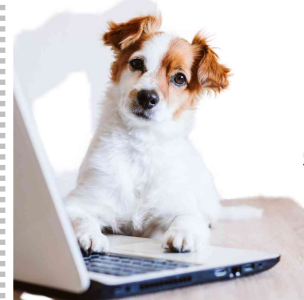
What 3 things did I learn in 2024 that I will apply in 2025?

Staffroom Chat



Who learned to drive in a car with a clutch?

Happy Silly Thoughts



If you don't want me to shop online, you really shouldn't use my name for all your passwords.