

## BRAIN GYM

### Inside Microsoft's big AI play for Australian classrooms

#### Key Takeways

- **AI literacy is now core.** Teachers must help students know when to trust, question, and switch off AI – not just use it.
- **Embed AI into existing routines.** Brisbane Catholic Education succeeded by weaving AI into daily practice through micro-sessions, peer coaching and "AI Captains" – not treating it as a one-off event.
- **Lead with workload reduction.** Introduce AI as something that eases what teachers already do. Practical confidence matters more than technical expertise.
- **Principals must set conditions for safe use.** Approve tools, establish expectations, and ensure privacy protections are in place. Institution-approved tools are essential.
- **Supports human judgement – never replaces it.** Students must test AI outputs against trusted human advice. Important decisions must remain human-led

AITSL Standards: 1, 4, 6 & 7

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#### This Week's Mini PD

## Truth, Goodness and Usefulness

Socrates, the great philosopher of ancient Greece, was approached by an acquaintance who asked, "Do you know what I just heard about your friend?"

"Hold on," Socrates replied. "Before you say anything, I'd like you to pass the Triple Filter Test."

"Before you speak about my friend, take a moment to filter what you're about to say. **The first filter is Truth.** Are you absolutely sure what you're about to tell me is true?"

"No," the man said. "I just heard about it."

"So you don't really know if it's true. Now **the second filter – Goodness.** Is what you're about to tell me something good?"

"No, on the contrary."

"So you want to tell me something bad about him, but you're not certain it's true. **There's one filter left – Usefulness.** Will what you tell me actually be useful to me?"

"No, not really."

"Well then," concluded Socrates, "if what you want to tell me is neither true, nor good, nor useful – why tell it to me at all?"

Our words about others carry real power. Gossip creates two forms of infection:

- It spreads information that is often little more than "Chinese Whispers" about someone with no opportunity to defend, clarify or explain themselves.
- It poisons others' perception of the gossiper themselves.

The communal nature of schools makes them the ideal place to teach and apply the Triple Filter Test – increasingly relevant in a world where "knowing" everyone else's business seems almost to have become a right.....**often at the expense of truth, goodness and usefulness.**

## Health Spotlight



## Drop of Wisdom

To know what you know and what you do not know, that is true knowledge.

Confucius

## Happy, Silly Thoughts

My favourite childhood memory is not having to pay for my own existence

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